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**CMH LABEL GROUP CONTINUES *MODERN MEDITATIONS* CD SERIES
WITH ALBUM DEDICATED TO THE SONGS OF THE BEATLES
TO BE RELEASED NOVEMBER 17**

***MODERN MEDITATIONS: THE FIRST OF ITS KIND, NEW MUSIC COLLECTIONS AIMED
AT INTRODUCING A MODERN PERSPECTIVE ON "NEW AGE" MUSICAL FARE***

Los Angeles, CA – November 9, 2009 – CMH Label Group has announced the upcoming *Modern Meditations* CD series release of an album dedicated to the songs of The Beatles. Slated for release on November 17th, "*Modern Meditations to the Songs of The Beatles*" will feature 11 instrumental renditions of music's best-known and most beloved songs by a group that transcended pop culture and is arguably the most popular musical act of all time. In addition, "*Modern Meditations to the Songs of The Beatles*" will include one original song titled "A Million Suns" (complete track listing below). Aimed at introducing a brand new, modern-rock perspective on "new age" music fare, the *Modern Meditations* series will be available for purchase at all traditional music retail outlets and online services, as well as distributed to many high-end lifestyle retailers.

No pan flutes, no wind chimes allowed. Featuring the work of renowned producers from across the globe, *Modern Meditations* has transformed contemporary rock favorites into meditation music for the rock & roll generation. Shimmering rock guitars and warm percussion create lush soundscapes. While yoga, Pilates, and meditation have all entered the mainstream, the music has not. The *Modern Meditations* series aims to introduce an alternative to traditional new age fare to the growing modern rock audience.

In addition to the CD set dedicated to the songs of the Beatles, two compilation albums will also be released November 17th. The first, "Rock Classics," features serene instrumental versions of songs from classic rock's most treasured artists including Bob Dylan, The Rolling Stones, The Police, Led Zeppelin and many others. The second, "Modern Classics," dives into the contemporary rock catalog with tranquil renditions of songs by The Verve, U2, The Cure, Oasis, R.E.M., Nirvana and more.

Future releases include albums dedicated to the songs of U2, Bob Marley, Radiohead, and Coldplay, all coming in 2010. An "Indie Classics" set featuring meditative renditions of the music of Modest Mouse, The Flaming Lips, Cat Power, and Sigur Ros is also set for release next year.

Founded in 1975 by Martin Haerle, CMH Records began as the home to bluegrass hero Lester Flatt, country music hall-of-famer Merle Travis and other roots-music legends. Over the years, the label became best known for their "Pickin' On" series, featuring top bluegrass musicians performing tributes to popular musical acts (Green Day, Grateful Dead, Metallica), which has collectively sold over one and a half million albums. Some of the label's releases include "Strummin' with the Devil" featuring David Lee Roth performing bluegrass versions of Van Halen songs, as well albums from Raul Malo, the voice of the Mavericks, and rock and roll hall-of-famer Wanda Jackson.

With several well established and distinct labels catering to a variety of genres and artists, the CMH Label Group is home to the popular Rockabye Baby! series featuring lullaby renditions of rock classics (The Beatles, Queen, Aerosmith); Vitamin Records, string interpretations of rock and metal bands (Tool, Alice in Chains, AC/DC) by the Vitamin String Quartet; OCD International, who released "The Return of Dr. Octagon" by underground rapper Kool Keith; and Hushabye Baby, which creates instrumental lullaby tributes to songs of country greats (Johnny Cash, Willie Nelson, Patsy Cline).

For more information, please visit: www.modernmeditations.com

Modern Meditations: Songs of The Beatles track listing

- 1) Tomorrow Never Knows
- 2) Let It Be
- 3) All You Need Is Love
- 4) Here Comes the Sun
- 5) Strawberry Fields Forever
- 6) Hello, Goodbye
- 7) Across the Universe
- 8) Blackbird
- 9) Hey Jude
- 10) In My Life
- 11) Can't Buy Me Love
- 12) A Million Suns – A Modern Meditations Original

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