



www.modernmeditations.com

**CMH LABEL GROUP TO RELEASE “MODERN MEDITATIONS” CD SERIES
FEATURING TRANSCENDENT RENDITIONS OF ROCK’S FAVORITE SONGS**

**“ROCK CLASSICS” AND “MODERN CLASSICS” COLLECTIONS
TO BE RELEASED NOVEMBER 17th**

**SERIES CONTINUES WITH ADDITIONAL ALBUMS TO BE RELEASED
DEDICATED TO THE BEATLES AND U2**

**FIRST OF ITS KIND, NEW MUSIC COLLECTIONS AIMED AT INTRODUCING A
MODERN PERSPECTIVE ON “NEW AGE” MUSICAL FARE**

Los Angeles, CA – September 14, 2009 – CMH Label Group has announced the upcoming launch of their new label and CD series called “Modern Meditations.” The first two albums, slated for release November 17th, “Rock Classics” and “Modern Classics” are 12-track collections featuring instrumental renditions of some of rock music’s best-known and most beloved songs. Aimed at introducing a brand new, modern rock perspective on “new age” music fare, the “Modern Meditations” series will be available for purchase at all traditional music retail outlets and online services, as well as distributed to many high-end lifestyle retailers.

No pan flutes, no wind chimes allowed. Featuring the work of renowned producers from across the globe, “Modern Meditations” has transformed contemporary rock favorites into meditation music for the rock & roll generation. Shimmering rock guitars and warm percussion create lush soundscapes. While yoga, Pilates, and meditation have all entered the mainstream, the music has not. The “Modern Meditations” series aims to introduce an alternative to traditional new age fare to the growing modern rock audience.

The first of two compilation releases, “Rock Classics,” features serene instrumental versions of songs from classic rock’s most treasured artists including [Bob Dylan](#), [The Beatles](#), [The Rolling Stones](#), [The Police](#), [Led Zeppelin](#) and many others. “Modern Classics” dives into the contemporary rock catalog with tranquil renditions of songs by [The Verve](#), [U2](#), [The Cure](#), [Oasis](#), [R.E.M.](#), [Nirvana](#) and more.

Also set to be released on November 17 is an album dedicated to the songs of [The Beatles](#). An album dedicated to [U2](#) will be released later this year. CDs highlighting the music of [Bob Marley](#), [Radiohead](#), and [Coldplay](#) are coming in 2010. An “Indie Classics” set featuring meditative renditions of the music of [Modest Mouse](#), [The Flaming Lips](#), [Cat Power](#), and [Sigur Ros](#) is also slated for release next year.

“We are as much an idea company as we are a record label,” said David Haerle, owner of CMH Records. “We wanted to create a much more modern musical experience targeted at the younger audiences who are now becoming more and more involved in healthy lifestyles. People’s perception of ‘new age’ music as heard in yoga studios, meditative sessions, spas, hotels and at home is going to change with ‘Modern Meditations.’”

Founded in 1975 by Martin Haerle, CMH Records began as the home to bluegrass hero Lester Flatt and country music hall-of-famer Merle Travis. Over the years, the label became best known for their “Pickin’ On” series, featuring top bluegrass musicians performing tributes to popular musical acts (Green Day, Grateful Dead, Metallica), which has collectively sold over one million albums. Some of the label’s releases include “Strummin’ with the Devil” featuring David Lee Roth performing bluegrass versions of Van Halen songs, as well albums from Raul Malo, the voice of the Mavericks, and rock and roll hall-of-famer Wanda Jackson.

More...

With several well established and distinct labels catering to a variety of genres and artists, the CMH Label Group is home to the popular **Rockabye Baby!** series featuring lullaby renditions of rock classics (The Beatles, Queen, Aerosmith); **Vitamin Records**, string interpretations of rock and metal bands (Tool, Alice in Chains, AC/DC) by the Vitamin String Quartet; **OCD International**, who released “The Return of Dr. Octagon” by underground rapper Kool Keith; and **Hushabye Baby**, which creates instrumental lullaby tributes to songs of country greats (Johnny Cash, Willie Nelson, Patsy Cline).

For more information, please visit: www.modernmeditations.com

Modern Meditations: The Rock Classics track listing

- 1) Knockin' on Heavens Door – Bob Dylan
- 2) Across the Universe – The Beatles
- 3) Changes – David Bowie
- 4) You Can't Always Get What You Want – The Rolling Stones
- 5) Imagine – John Lennon
- 6) Into the Mystic – Van Morrison
- 7) I Still Haven't Found What I'm Looking For – U2
- 8) Message in a Bottle – The Police
- 9) Wish You Were Here – Pink Floyd
- 10) One Love – Bob Marley
- 11) Stairway to Heaven – Led Zeppelin
- 12) Infinity – A Modern Meditations Original

Modern Meditations: The Modern Classics track listing

- 1) Bittersweet Symphony – The Verve
- 2) Hallelujah – Jeff Buckley
- 3) Beautiful Day – U2
- 4) Just Like Heaven – The Cure
- 5) Clocks – Coldplay
- 6) Angel – Sarah McLachlan
- 7) Wonderwall – Oasis
- 8) Karma Police – Radiohead
- 9) Losing My Religion – R.E.M.
- 10) Come As You Are – Nirvana
- 11) Ray of Light – Madonna
- 12) Illumination – A Modern Mediations Original

Modern Meditations: Songs of The Beatles track listing

- 1) Tomorrow Never Knows
- 2) Let It Be
- 3) All You Need Is Love
- 4) Here Comes the Sun
- 5) Strawberry Fields Forever
- 6) Hello, Goodbye
- 7) Across the Universe
- 8) Blackbird
- 9) Hey Jude
- 10) In My Life
- 11) Can't Buy Me Love
- 12) A Million Suns – A Modern Meditations Original

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Modern Meditations: Songs of U2 track listing

- 1) Beautiful Day
- 2) Pride (In the Name of Love)
- 3) With or Without You
- 4) One
- 5) I Still Haven't Found What I'm Looking For
- 6) Where the Streets Have No Name
- 7) Mysterious Ways
- 8) New Year's Day
- 9) Moment of Surrender
- 10) Elevation
- 11) Magnificent
- 12) Bloom – A Modern Meditations Original

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