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## CMH LABEL GROUP ANNOUNCE DEAL WITH WORLD-RENOWNED LUXURY HOTEL POST RANCH INN

### VOTED THE #1 U.S. HIDEAWAY BY ANDREW HARPER, THE AWARD-WINNING RESORT IS FIRST TO INTRODUCE “MODERN MEDITATIONS” TO THEIR SPAS

### “MODERN MEDITATIONS” FIRST OF ITS KIND, NEW MUSIC COLLECTIONS AIMED AT INTRODUCING A MODERN PERSPECTIVE ON “NEW AGE” MUSICAL FARE

Los Angeles, CA – October 5, 2009 – CMH Label Group has announced that the world-renowned Post Ranch Inn, located in Big Sur, California, will be the first resort to introduce their new CD series “Modern Meditations” into its spas. The consistently award-winning Post Ranch Inn was recently voted the #1 U.S. Hideaway by Andrew Harper. Slated for release November 17, the “Modern Meditations” series’ “Rock Classics” and “Modern Classics” 12-track collections feature meditative renditions of some of rock music’s best-known and most beloved songs. Also available on November 17 is an album dedicated to the songs of The Beatles. Aimed at introducing a brand new, modern rock perspective on “new age” music fare, the “Modern Meditations” series will be available for purchase at all traditional music retail outlets and online services, as well as distributed to many high-end lifestyle retailers.

Featuring the work of renowned producers from across the globe, “Modern Meditations” has transformed contemporary rock favorites into meditation music for the rock & roll generation. Shimmering rock guitars and warm percussion create lush instrumental soundscapes. While yoga, Pilates, and meditation have all entered the mainstream, the music has not. The “Modern Meditations” series aims to introduce an alternative to traditional new age fare to the growing modern rock audience.

The first of two compilation releases, “Rock Classics,” features serene instrumental versions of songs from classic rock’s most revered artists including Bob Dylan, The Beatles, The Rolling Stones, The Police, Led Zeppelin and many others. “Modern Classics” dives into the contemporary rock catalog with tranquil renditions of songs by The Verve, U2, The Cure, Oasis, R.E.M., Nirvana and more.

#### **About CMH Label Group:**

Founded in 1975 by Martin Haerle, CMH Records began as the home to bluegrass hero Lester Flatt and country music hall-of-famer Merle Travis. Over the years, the label became best known for their “Pickin’ On” series, which has collectively sold over one million albums. With several well established and distinct labels catering to a variety of genres and artists, the CMH Label Group is home to the popular **Rockabye Baby!** series featuring lullaby renditions of rock classics (The Beatles, Queen, Aerosmith); **Vitamin Records**, string interpretations of rock and metal bands (Tool, Alice in Chains, AC/DC) by the Vitamin String Quartet; **OCD International**, who released “The Return of Dr. Octagon” by underground rapper Kool Keith; **Hushabye Baby**, which creates instrumental lullaby tributes to songs of country greats (Johnny Cash, Willie Nelson, Patsy Cline); and **Modern Meditations**. For more information, please visit: [www.modernmeditations.com](http://www.modernmeditations.com)

#### **About Post Ranch Inn:**

Nestled on the cliffs of Big Sur, California, Post Ranch Inn provides the ultimate accommodations for a romantic getaway for those seeking a luxurious escape for a honeymoon, anniversary, or a relaxing vacation. Located off Highway One in Big Sur, this *Preferred Boutique Hotel* member is a sanctuary suited to all your needs. Rooms offer a rustic elegance with luxury and comfort. Relax by the pools and take in the views of the Ventana mountains, awaken your senses with an in-room massage, spa treatment, or daily yoga classes. Our award-winning Sierra Mar restaurant offers an awe-inspiring setting overlooking the Pacific Ocean, with stunning views of the Big Sur coast, perfect for a romantic dinner for two.